









MENU March 7, 2026 to March 13, 2026

Saturday 7TH	Sunday 8TH	Monday 9TH	Tuesday 10TH	Wednesday 11TH	Thursday 12TH	Friday 13TH
Soup	Soup	Soup	Soup	Soup	Soup	Soup
Corn Chowder Soup	Kale and Sausage Soup	Chicken Noodle Soup	Cream of Cheese Cauliflower Soup	 Tuscan Soup	Cream of Dill Pickle Soup	Turkey Rice Soup
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Grilled Hotdog with Fries	Chicken Caesar Pasta Salad with Roll	 Spaghetti with Tomato Sauce and Garlic Bread	Chicken Salad on Bed of Lettuce with Fresh Roll	Fisherman's Pie with Roll	Bacon Omelette Roll with Salsa	 BLT sandwich with Potato Salad
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Breaded Chicken Drumsticks or Roast Pork with Gravy	Baked Ham or Coq au Vin 	Chicken Cordon Swiss or Mussels in White Wine	Salisbury Steak with Gravy or Baked Chicken Thighs	Parmesan Crusted Chicken Breast or Grilled Cod with Lemon Wedge	Breaded Porkchop or Maple Glazed Chicken Thighs	Chicken Cacciatore or Haddock Almandine
Mashed Potatoes, Carrots and Roasted Yams	Scalloped Potatoes, Mixed Vegetables	Whipped Potatoes, Cauliflower and Broccoli	Mashed Potatoes, Carrots and Green Beans	Baked Potato, Parsnips and Squash	Mashed Potatoes, Corn and Asparagus	Whipped Potatoes, Yellow Beans and Spinach
Fruit Cocktail*	Strawberry Cheesecake*	Frosted Brownies*	Raspberry Coffee Cake*	Mandarin Oranges	Banana Foster Cake*	Apple Pie*

* This symbol is a friendly reminder that foods high in sugar, starch or fat may not be appropriate for diabetics.

MENU March 14 to March 20, 2026

Saturday 14TH	Sunday 15TH	Monday 16TH	Tuesday 17TH	Wednesday 18TH	Thursday 19TH	Friday 20TH
Soup	Soup	Soup	Soup	Soup	Soup	Soup
Cream of Asparagus Soup	Vegetable Barley Soup	Cream of Carrot Soup	Tomato Soup	Butternut Orange Ginger Soup	Minestrone Soup	Veggie Chowder
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Seafood Salad on Lettuce with Roll	Turkey Sheppard's Pie with Gravy	Toasted Western 	Banger and Onion Gravy Mash	Pear and Blue Cheese Salad	Portobello Mushroom Alfredo with Garlic Roll	
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chicken Pot Pie with Gravy or Baked Beans, Fresh Corn Bread and Wiener 	Red Wine Pot Roast or Baked Ham Scalloped Potatoes, Mixed Vegetables	Grilled Sole with Bearnaise Sauce or Roasted Red Pepper Chicken Breast Mashed Potatoes, Peas and Broccoli	Corned Beef and Cabbage or Grilled Chicken with Cranberry Sauce Potatoes O'Brien Spinach and Roasted Squash	Creamy Pesto Tilapia or Paprika Chicken Breast Mashed Potatoes, Yams and Green Beans	Sweet and Sour Pork or Apricot Chicken Breast Whipped Potatoes Carrots and Asparagus	Grilled Salmon with Lemon Wedge or Chicken Breast Princess  Whipped Potatoes, Yellow Beans and Brussel Sprouts
Ice Cream Sundae*	Black Forest Bake*	Blondie Squares*	Irish Apple Cake*	Chocolate Cream Pie*	Pineapple Upside Down Cake*	Glazed Donut*

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