








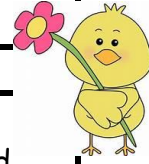




## MENU March 21, 2026 to March 27, 2026

Saturday 21ST	Sunday 22ND	Monday 23RD	Tuesday 24TH	Wednesday 25TH	Thursday 26TH	Friday 27TH
<b>Soup</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>
Lemon Chicken Orzo Soup	Cream of Broccoli Soup	Turkey Vegetable Tortellini Soup	Leek, Parsnip and Ginger Soup	Beef Vegetable Soup	Butternut Squash Bisque	Tomato Soup 
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Chick Pea Salad with Roll 	Turkey a la King on Toast Cups	Hawaiian Pizza Flat Bread	Arugula Beet Salad with a Roll	Stir Fry on Bed of Rice	Macaroni and Cheese.	Ham Cakes with Sour Cream
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Country Fried Porkchops or Huli Huli Chicken Breast	Baked Ham or Seafood Newburg 	Bistro Chicken Breast or Haddock Florentine 	Beef Liver and Onions or Honey Garlic Chicken Breast	Mediterranean Baked Cod or Garlic Herb Butter Chicken Thighs 	Grilled Chicken with Basil Volute or Wine and Dijon Marinated Pork Loin 	Mandarin Orange Chicken or Poached Sole with Béarnaise Sauce
Mashed Potatoes, Carrots and Roasted Yams	Scalloped Potatoes, Mixed Vegetables	Whipped Potatoes, Cauliflower and Broccoli	Mashed Potatoes, Carrots and Green Beans	Baked Potato, Parsnips and Squash	Mashed Potatoes, Corn and Asparagus	Whipped Potatoes, Yellow Beans and Spinach
Chocolate Cake with Frosting*	Blueberry Pie*	Apple Torte*	Pears*	Tropical Mandarin Pineapple Cake*	Cherry Slip*	Assorted Danishes*

\* This symbol is a friendly reminder that foods high in sugar, starch or fat may not be appropriate for diabetics.

## MENU March 28 to April 3, 2026

Saturday 28TH	Sunday 29TH	Monday 30TH	Tuesday 31ST	Wednesday 1ST	Thursday 2ND	Friday 3RD
<b>Soup</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>	<b>Soup</b>
Canadian  Minestrone Soup	Sweet Potato Bisque	Vegetable Rice Soup	Fish Chowder	Italian Sausage and Zucchini Soup	Curried Butternut Squash and Pear Soup	Mullitawny Soup
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Baked Penne with Roasted Vegetables	Chicken Salad Sandwich with Pickled Beets	Meatball Sub Casserole	Eggs Benedict with Hollandaise Sauce	Quiche Lorraine with Carrot Raisin Salad	Chicken Tetrazzini on Bed of Rice	
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Maple Garlic or Huli Huli Chicken Breast	Turkey Dinner or Baked Ham 	Chicken Breast with Balsamic Glaze or Marinated Shrimp Skewers	Lemon Roasted Molasses Glazed Chicken Thighs or Parmesan Sage Pork Chops Potatoes O'Brien Spinach and Roasted Squash	 Tangy Chicken Breast or Grilled Sole with Bearnaise Sauce	Baked Pesto Chicken Thighs or Pork Medallions with Onion Pepper Gravy 	Poached Lemon Dill Salmon or Portobello  Mushroom Chicken Breast Whipped Potatoes, Yellow Beans and Brussel Sprouts
Mashed Potatoes, Green Beans and Corn	Scalloped Potatoes, Mixed Vegetables	Mashed Potatoes, Cauliflower and Broccoli	Arrowroot Squares*	Mashed Potatoes, Yams and Green Beans	Whipped Potatoes Carrots and Asparagus	Fruit Jello*
Cranberry Coffee Cake*	Coconut Cream Pie*	Pineapple Orange Trifle*	Arrowroot Squares*	Blueberry Whip up	Mandarin Oranges	Fruit Jello*

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